Menstrual Health: Bharat Darshan - Episode 3
Voices from Odisha, Gujarat, West Bengal, Rajasthan

10 अक्टूबर 2020/ October 10, 2020
This is a compilation of the photographs that were shared in Episode 3

Voices from Odisha, Gujarat, West Bengal, Rajasthan

10 October 2020
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Team: Menstrual Health: Bharat Darshan
Darjeeling Prerna is an organization based in Darjeeling partnering with small farmers, community based organization, educational institutions, tea plantation workers and other NGOs in addressing issues of equity, sustainable agro ecology, water and sanitation and child mental health since 1996. The organization also focuses on building awareness on sustainable menstrual hygiene management by creating safe spaces for menstruators for discussing menstrual related issues and helping menstruators make informed product choices. They have been working since the year 2016.
Koblong community, people are dependent on agriculture and farming

कोब्लोंग सामाज के लोग खेती से खासा जुड़े हैं

Koblong community, people are dependent on agriculture and farming
Toilets in the community

समुदाय में रौचालय के कुछ चित्र

Toilets in the community

Hosted by Jatan Sansthan

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Conducting awareness on sustainable menstruation, explaining the use of menstrual cups, cloth pads
Nima Choden Tamang is from Kolbong an agricultural based community. She is 32 years old, married and lives with her aged mother-in-law, husband and a 11 year old son. Her husband works as a vegetable vendor and she has been working as a field worker with DLR Prerna since 8 years. She has a passion for working in the field of sustainable menstrual health and has been proactively sensitizing women/girls of her community to help them achieve good menstrual health and hygiene practices and making informed product choices.
Rangeen Khidki is a youth led feminist organization based out Kolkata, India working in the space of gender, sexuality and SRHR. We believe in creating meaningful partnerships and collaborations in furthering the movement of making SRHR accessible to all. Our work has focused on creating awareness programs and educational programs in menstrual health in urban and rural West Bengal, Jharkhand and Delhi. RKF has worked with government schools, NGOs, corporates and residential complexes to spread awareness on menstrual health and hygiene management. RKF advocates for gender equity for all persons in the society to live a life of dignity and experience menstruation without stigma, taboos and superstitions.
रंगीन खिड़की फाउंडेशन, कोलकाता, पश्चिम बंगाल
Rangeen Khidki Foundation, Kolkata, West Bengal
रंगीन खिड़की फाउंडेशन, कोलकाता, पश्चिम बंगाल
Rangeen Khidki Foundation, Kolkata, West Bengal

शहरी बस्ती - कोलकाता
Slum - Urban Kolkata
MHM training, cloth pad making with adolescent girls and young mothers

रंगीन खिड़की फाउंडेशन, कोलकाता, पश्चिम बंगाल

Rangeen Khidki Foundation, Kolkata, West Bengal

महावारी प्रशिक्षण, महिलाओं एवं किशोरियों के साथ कॉटन पैड बनाना

MHM training, cloth pad making with adolescent girls and young mothers

Hosted by Jatan Sansthan द्वारा- जतन संस्थान

Menstrual Health: Bharat Darshan - Episode 3 Voices from Orissa, Gujarat, West Bengal, Rajasthan
MHM session with sex workers collaboration with West Bengal Police

Rangeen Khidki Foundation, Kolkata, West Bengal

MHM session with sex workers collaboration with West Bengal Police
Prisha is 16 years old! As a member of Rangeen Khidki she has already become an integral part of the team. Prisha is based in Kolkata and is deeply passionate about making conversations around menstruation mainstream. Her passion for women’s rights and her work with Rangeen Khidki, has inspired others to join the movement to end period poverty around them as well.
Bado Didi is a voluntary group that came together because the youth in Malkangiri wanted to work on menstruation and related topics.

They create awareness on menstruation, child marriage, girl child education, through street play, awareness sessions at residential schools, and villages.

Malkangiri District is named after its headquarters town, Malkangiri. Almost the whole of the district is a vast dense jungle, with a very small percentage of the population residing in the urban areas.

The district is divided into two distinct physical divisions. The eastern part is covered with steep ghats, plateaus and valleys, sparsely inhabited by primitive tribes, notable among who are Bondas, Koyas, Porajas and Didayis.
View of Bonda Hills, home to the primitive tribes of Malkangiri, Odisha.

बोंडा हिल, मलकानगिरी, ओडिशा क्षेत्र के दृश्य: कई जनजातियों का घर

Hosted by Jatan Sansthan

महावारी स्वास्थ्य भारत दर्शन - एपिसोड 3
उड़ीसा, गुजरात, पश्चिम बंगाल, राजस्थान

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Homes in Malkangiri- made with mud, roof tiles and asbestos sheets

मलकानगिरि के घर – मिट्टी, टाइल्स और एस्बेस्टस से बने
बड़ो दीदी, मलकानगिरी, ओडिशा

Bado Didi, Malkangiri, Odisha

सप्ताहिक हाट

Weekly market

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माहवारी स्वास्थ्य भारत दर्शन - एपिसोड 3
उड़ीसा, गुजारात, पश्चिम बंगाल, राजस्थान

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Awareness session on MHM, child marriage, girl child education at village Tangnitong
Bado Didi, Malkangiri, Odisha

Deeprani Nayak
Jayanti Baruda
Rashmita Kobasi

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SEWA Rural, Jhagadia, Gujarat

SMVS was established with the support of SEWA Rural, as an independent organization. Their activities include Papad making, Garment making, Savings & Credit, Children Education & Development, Adolescent Empowerment, Self Defense, Vocational Training.

SEWA Rural, Jhagadia is a voluntary agency working in the area of health and other development sectors since 1980. The base location is Jhagadiya Taluka in Bharuch and Narmada district. SEWA Rural works with tribal poor, with children, youth, women and the elderly.
SEWA Rural, Jhagadia, Gujarat
Village in Jhagadiya
Many households have poor wash room facilities
Storing menstrual absorbent/ Adolescents have switched to falalin cloth

माहवारी जागरूकता पर वर्कशॉप

Workshops, awareness on MHM
माहवारी मुद्दों में पुरुषों की भागीदारी

Including men in menstruation
SEWA Rural, Jhagadia, Gujarat

महिला विकास सोसाइटी / Sharda Mahila Vikas Society

Making MHM kits, masks and PPE kits

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माहवारी स्वास्थ्य भारत दर्शन - एपिसोड ३

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Nasreen Shafiq Mansuri, has been with SMVS for 17 years. A mother of two children, Nasreen Ben, she has will power and a keen interest in learning. She is supervisor in the garment department at SMVS, in charge of quality control and is computer literate. Herself a menstrual cup user, Nasreen was instrumental in promoting menstrual cup usage through SEWA Rural and has motivated other team members to start using cups.

Dr. Neha, PHFI-Infosys fellow joined the SEWA Rural as a Program Officer August 2019. She has a bachelors in dentistry and a Master of Public Health (MPH). She worked under the MHM Project of SEWA Rural in collaboration with the UNICEF at Narmada district. She is an ardent traveler, explorer and vivid learner.
CSPC is an associate organization of Tata Trusts working in the coastal districts of Gujarat since 2008. The main areas of works are Water and Sanitation, Agriculture and Livelihood and Education. As a part of Tata Water Mission, CSPC has started working in the area of Menstrual Hygiene Management, since last 2 years. Presently, CSPC is implementing the MHM program in 155 villages.
Coastal Salinity Prevention Cell (CSPC), Kutch, Gujarat

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द्वारा- जतन संस्थान

मांडवी / Kutch
गाँधीनगर / Gandhinagar
गाँव: नानी वीरानी

Village: Nani Virani
MHM activity with women of the community

Hosted by Jatan Sansthan

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Coastal Salinity Prevention Cell (CSPC), Kutch, Gujarat

Pad Stitching Workshop

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महवारी स्वास्थ्य भारत दर्शन - एपिसोड 3
उड़ीसा, गुजरात, पश्चिम बंगाल, राजस्थान

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Couple Counselling with the male members

Coastal Salinity Prevention Cell (CSPC), Kutch, Gujarat
Coastal Salinity Prevention Cell (CSPC), Kutch, Gujarat

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Voices from Orissa, Gujarat, West Bengal, Rajasthan
Sahada, Bhilwara District, South Rajasthan
A typical afternoon in Sahada
किशोरी समूह/विद्यालय में माहवारी स्वास्थ्य एवं प्रबंधन पर चर्चाएं

Meetings at adolescent girls group/school on Menstrual health management

Hosted by Jatan Sansthan

Mahavari Swasthya Bharat Darshan - Episode 3
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Suman Salvi is a 17 year old adolescent girl living in Amli village of Sahada block of Bhilwada, Rajasthan. She has been associated with Jatan Sansthan since 3 years as a member of the adolescent club. She is an active peer educator. She loves to learn and transfer knowledge among her peers.