Lesser known facts around menstruation
1. What is the meaning of the word ‘Qeefing’?
2. Which year was the menstrual cup invented and who was the inventor?
3. What is name of a material that is found on the sea bed which can be used as a menstrual absorbent?
1. *What is the meaning of the word ‘Queefing’?*

We pass or release gas, routinely from the anus. In a similar way air is released from the vagina. This release of air which is audible - is called queefing.
2. Which year was the menstrual cup invented and who was the inventor?
Leona Chalmers invented the menstrual cup. She patented a rubber cup in 1937. Due to shortage of rubber in World War II, sale was slow. Mass production was only possible later, when rubber was replaced by silicone.
3. What is name of a material that is found on the sea bed which can be used as a menstrual absorbent?

Sea sponges are living organisms that attach to underwater surfaces and continuously filter sea water to support their organic functions. Sea sponges are absorbent, they expand and retain liquid. This is harvested from the sea and then sold for use during menstruation. It is worn exactly like tampon.